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## **Balancing Act: Teach Coach Mentor Inspire**

By Dr. Andrew Temte, CFA

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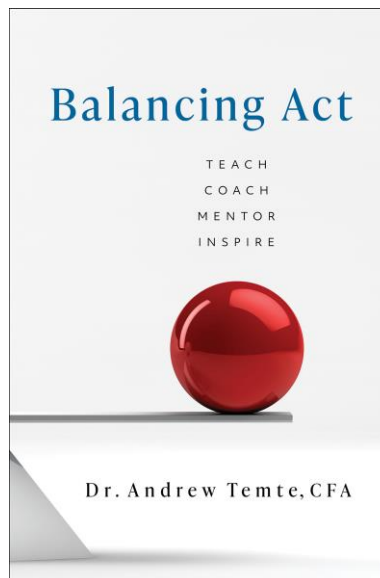
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**DISCOVER THE KEY TO EFFECTIVE LEADERSHIP, PURPOSE AT WORK,  
AND A MORE FULFILLING LIFE**



"Authentic and practical advice on how to be an effective leader by focusing on ethics, truthfulness, listening, and lifelong learning." —*Paul Smith, CEO, Warlencourt Limited; Former CEO, CFA Institute*

"His blend of wisdom and sincerity draws you in and makes you want to become a better manager." —*Kate Eberle Walker, CEO, Presence Learning and author of Good Boss*

"This is a great book for both experienced and beginning leaders looking for a fresh outlook on the leadership development cannon." —*Jon Kaplan, Principal & Founder, Corvantis Consulting and former CLO, Discover Card*

In times of chaos and uncertainty, steadfast and confident leadership is critical to the success of any organization. Yet, in our world of social unrest, sharp divisions, pandemic and fear, people seek

leaders who are also sensitive to ethnic and cultural differences, listen to their concerns, and demonstrate empathy. An expert on preparing future leaders, [Dr. Andrew Temte, CFA](#), firmly believes: "The most important attribute of strong leadership is *balance*." In

[\*Balancing Act: Teach Coach Mentor Inspire\*](#), Dr. Temte shares candid insights and timely lessons about the balance needed to succeed as a leader.

"When I discuss my philosophy for balanced work, I'm really discussing a philosophy for a balanced life, of which work is one aspect," says Temte, who spent years searching for balance. After failing to achieve his youthful ambitions of becoming a rock star, he denied himself the pleasure of music to focus squarely on building a career in finance and education. That lack of balance in his life left him deeply dissatisfied, which had a negative impact on both his work and his marriage. Today, Dr. Temte is a recognized leader in professional education and workforce reskilling and is also an active philanthropist through his rock band, The Remainders.

Along with looking back on the author's search for balance, ***Balancing Act*** offers guidance for any leader seeking to improve personal and organizational performance. As Temte admits, however, such balance doesn't come easily. "Too much vulnerability and you're labeled a pushover...too much ego and you're labeled as unapproachable," he points out. Leaders today struggle for balance between:

- Strength and vulnerability
- Confidence and selflessness
- Passion and measure
- Single-mindedness and inclusivity
- Determination and curiosity
- Leadership and followership

Readers will learn how being off balance can render them unable to be open to considering other points of view. An unbalanced leader can become prone to making assumptions and taking people for granted, having a fixed mindset around certain aspects of their life, and being more focused on data and technical skills than on "human skills" like empathy, communication and emotional intelligence.

“Throughout our lives, we are thrown off-balance by events that are both within and outside our control,” Temte says. “I wrote this book in the hope that others will learn from my triumphs and failures. Those who can recover more rapidly from periods of imbalance will have an advantage over those who cannot.” Leaders who strive toward balance can more readily identify and curtail organizational entropy, facilitate a culture of trust, and foster diverse organizations and cultures that inspire everyone to bring their “whole self” to work.

We are all seeking opportunity, joy, and purpose. In ***Balancing Act***, Dr. Andrew Temte shows current leaders and the generation rising into leadership how to create a commitment to teaching, coaching, mentoring, and inspiring those around them—and, in the process, improve business results while experiencing personal fulfillment.

***Balancing Act*** is available now for pre-order and will be released on April 6, 2021. More information can be found at: <https://www.simonandschuster.com/books/Balancing-Act/Andrew-Temte/Kaplan-Test-Prep/9781506276649>

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#### **ABOUT THE AUTHOR:**

As President and Global Head of Corporate Learning, Dr. Andrew Temte, CFA, spearheads Kaplan’s efforts to prepare today’s workforce for the future world of work. A thought leader on issues related to professional education and workforce skilling, he brings decades of higher education and professional education experience to his role, giving him a unique perspective on the future of employment and workplace relevance. Dr. Temte has over 14 years of university teaching experience in the areas of corporate finance, investments, and international finance. An accomplished musician, he is active in numerous fundraising events and committees in the La Crosse, WI, community.

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