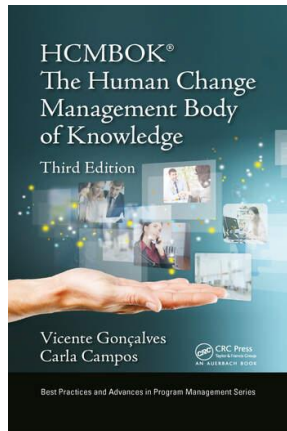


PM WORLD BOOK REVIEW



Book Title: **HCMBOK - The Human Change Management Body of Knowledge Third Edition**

Author: **Vicente Goncalves and Carla Campos**

Publisher: CRC Press

List Price: \$94.95

Format: Hardcover, 236 pages

Publication Date: 2018

ISBN: 978-1-138-57647-6

Reviewer: **Flora S. Bartek, PMP**

Review Date: June 2022

Introduction

Little attention is placed on how a change impacts the human factor in project management. The main objective of the 3rd Edition of the Human Change Management Book of Knowledge (HCMBOK) is to provide a reference for managing the change management activities within a project by emphasizing the impacts to the people involved, along with providing strategies to mitigate those impacts on the human factor.

Overview of Book's Structure

The HCMBOK presents strategies that can be utilized, with the focus on empathy, towards the main stakeholders impacted by any change. The book is composed of 203 pages, with 17 chapters, to include 2 Appendices, a Bibliography and an Index. It provides the HCMBOK framework, with its macro-activities and breaks down the macro-activities into tangible tools that can be used to address the human factor in each stage of a project's change activities.

Chapter 1 introduces the importance of using a strategic approach to change management. Chapter 2 introduces the HCMBOK structure, with its phases, macro-activities and activities. Chapters 3 – 8 uses the project management traditional steps of Initiating and Planning; Acquisition; Execution; Implementation; Closing and Production, respectively to discuss the body of knowledge, along with its specific phases and activities.

Chapter 9 summarizes the recurring activities in all project phases. Chapter 10 discusses how to plan and manage communication. Chapter 11 focuses on how to Create Team Spirit and Carry Out Reinforcement Dynamics. Chapter 12 Encourages Participatory Processes. Chapter 13 provides strategies to Manage the Environment – Conflicts, Motivation, Stress and Behaviors. Chapter 14 Encourages Creativity and Innovation. Chapter 15 Manager Stakeholder Engagement. Chapter 16 establishes the CMO - Change Management Office. Chapter 17 provides the Essential Competencies for Change Leaders.

The book concludes with the HCMBOK approach to Agile Methodologies, and a model for Organizational Culture and Change Management.

Highlights

The highlights of the HCMBOK includes the Relationship of Change Management to Project Management. All projects are managed by some change to an existing entity and impacts the people in that existing entity.

Stakeholder Management enables predicting and getting to know all Stakeholders involved and impacted by the change, with continuous improvement of the Management plan.

Communications Plan enables communication with all levels of the human factor throughout each phase of the changes in a project.

Knowledge Management acquires and documents tacit and explicit knowledge, along with lessons learned during the project.

Finally, the role of Human Resources ensures the success of an organization's change, by facilitating the training of and acquisition of its stakeholders impacted by the change.

Highlights: What I liked!

As a Process Improvement Subject Matter Expert (SME), what I liked the most is that the authors recognized that the Change Management Office (CMO) is a strategic organizational function that is complementary to the Project Management Office (PMO). I also appreciate that Process Improvement and the continuous improvement of processes such as Knowledge management are also recognized as essential in Stakeholder Management and communications.

Who might benefit from the Book?

Anyone considering implementing a change within their organization's business practices, or within themselves will benefit from the HCMBOK. To successfully implement any type of change, one must manage it as a project, where the impact to the human factor is considered from the initiation and planning of the change to its post-implementation.

Conclusion

A solid change management approach that addresses the unique culture, people and the different stages of a project is critical for the success of a project's schedule, cost and quality. Before changes can be successfully implemented in an organization, it must resonate with the people that make up that organization. The Human Change Management Body of Knowledge (HCMBOK) illustrates how organizational changes can be achieved by including and managing the human factors in every stage of the project. The principles and practices within the HCMBOK can be applied and adaptable to any type of change and project activities.

For more about this book, go to: <https://www.routledge.com/The-Human-Change-Management-Body-of-Knowledge-HCMBOK/Goncalves-Campos/p/book/9781032095837>

Editor's note: This book review was the result of a partnership between the publisher, PM World and the [PMI Silver Spring Chapter](#). Authors and publishers provide the books to PM World; books are delivered to the PMI Silver Spring Chapter, where they are offered free to PMI members to review; book reviews are published in the PM World Journal and PM World Library. PMI Silver Spring Chapter members can keep the books as well as claim PDUs for PMP recertification when their reviews are published.

If you are an author or publisher of a project management-related book, and would like the book reviewed through this program, please contact editor@peworldjournal.com.

About the Reviewer



Flora Bartek

Maryland, USA



Flora Bartek, PMP, Managing Professional (ITIL4), HDI KCS v5.3., is a senior IT Champion and Enthusiast with proven experience in providing best practice agile methodologies for the development and delivery of innovative IT solutions; managing enterprise cloud-based architecture & systems integration service delivery; process/practice implementation; as well as strategic policy & continual service improvement road map development, in the Department of Defense and Federal spaces. Dynamic in multi-disciplinary environments with effective communication skills while creating value to deliver quality products & services. She can be contacted at flora.bartek@gmail.com