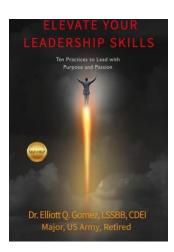
Elevate Your Leadership Skills: Author: Elliott Gomez, PhD Reviewer: Valentina Rada, PhD

### PM WORLD BOOK REVIEW<sup>1</sup>



Book Title: Elevate Your Leadership Skills: Ten
Practices to Lead with Purpose and Passion

Author: Elliott Gomez, PhD

Publisher: Unknown

List Price: \$19.99 Format: Softcover, 255 pages

Publication Date: 2024 ISBN: 979-8-218-39945-0

Reviewer: Valentina Rada, PMP, PhD

Review Date: May 2024

### Introduction

Elevate Your Leadership Skills: Ten Practices to Lead with Purpose and Passion is a guide on how to define and pursue our leadership style, as viewed through the lenses of many years of the author's leadership journey.

The author of the book, Dr. Elliott Gomez (or Dr. G, as known by his students), is a retired military officer and a dedicated higher education professional who has earned his doctorate from Capella University. The book's primary goal is to teach the reader how to develop leadership skills and brand the leadership style, starting with the mission, vision, and purpose and continuing with our leadership core values.

#### **Overview of Book's Structure**

The book's structure has a thoughtful transition from the preface to the vision and how each leadership skill is presented. Dr. G's approach is innovative in teaching the reader about branding and giving nuance to the leadership style. We all have personal and professional values, but identifying the leadership core values and the mission and vision of the leader takes learning and immersing ourselves in leadership to the next level of acknowledgment.

With the background of a reputable military leader and educator, Dr. G further shares its proposed ten practices and skills to elevate and improve leadership in the book. At the end of the book, Dr. G talks about strategies to become a successful leader, the

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importance of developing self-awareness and emotional intelligence, and how valuable networking and developing relationships are in a leadership role.

## **Highlights**

The leadership mission, vision, core values, and ten leadership practices presented in the book are well structured. For each, Dr. G has a personal story to share or a world leader in history that the reader can relate to, priming the meaning of each practice and the how and the why of each, which is essential and relevant in a leadership journey.

Before elaborating on each of the ten leadership practices, Dr. G engages the reader in a thoughtful exercise of identifying and defining a personal leadership style. An overview of branding leadership of how to transpose personal values in leadership values as a framework in our decision-making process and fostering effective leadership.

The ten leadership practices are guiding leading strategies everyone should at least reflect on if not ready or prepared to embrace, these are: 1) Leading from the floor by being present around team members, empowering and encouraging them through active participation, and leading by example; 2) Being accountable and accessible by creating a positive, open communication environment and being available and present for the team; 3) Leading from the heart through self-awareness, social skills, and empathy to better understand teams' dynamics; 4) M.E.S.C. as the principles of Moral, Ethical, Safety Culture and Legal, differentiating between the right and the wrong, employee well-being and compliance of legal responsibilities; 5) Leading with fairness by implying justice and impartiality, individual considerations, trust and respect; 6) Leading with dependability by reliability, predictability, consistency and support; 7) Create leaders by guiding and inspiring others to become leaders, delegating, encouraging autonomy and providing opportunities, coaching, mentoring and providing hands-on experiences 8) Observing as continuous learning through analyzing and assessing behaviors of others and the self; 9) Leading without "Me, Myself and I" through selflessness fostering trust, respect and increased team morale enabling others to succeed: 10) Self monitor continuously by self-awareness and selfimprovement being essential for a leader aiming excellence.

# Highlights: What I liked!

I enjoyed reading the book, and although at first it seemed easy to read, Dr. G is bringing along powerful elements of leadership one can use for guidance. Every leadership practice and skill is structurally presented in the book, and at the same time allowing the reader to reflect on its leadership style and how the practices can be embraced.

Another aspect I enjoyed throughout the book was that each chapter starts with a quote from either writers, philosophers, or celebrities. This concept transgresses the reader into a deeper mindset and makes it reflect before reading the upcoming

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postulate. Each quote is a thoughtful preamble of the experiences Dr. G is about to share.

### Who might benefit from the Book?

The book can be beneficial to any existing or emerging leader in any practice as a universal leadership quide.

### Conclusion

This is a book that inspires the readers to become an exceptional leader rather than a great one, to question their leadership style, and to find ways to improve it. Leadership is an ongoing journey, and Dr. G through his book helps support this journey by allowing self-reflection and offering new ways for improvement. His calling to lead by heart transpires throughout the book in the way he shares personal experiences that relate to the leadership skills evoked.

For more about this book, go to: <a href="https://www.amazon.com/Elevate-Your-Leadership-Skills-Practices/dp/B0D134SRCP">https://www.amazon.com/Elevate-Your-Leadership-Skills-Practices/dp/B0D134SRCP</a>

### About the Reviewer

Valentina Rada, PhD

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Valentina Rada's professional experience includes experience in market research, retail, and technology development as a research analyst and project management leader. She is a Project Management Professional and an Agile Certified Practitioner. She has earned a Ph.D. in Organizational Leadership at the University of the Incarnate Word in San Antonio, Texas, USA.

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