

PM WORLD BOOK REVIEW



Book Title: ***Today is a good Day: Attitudes for Achieving Project Success***¹

Author: **Alfonso Bucero, PhD, PMI Fellow**

Publisher: Multi-Media Publications

List Price: \$24.95 USD Format: Paperback, 192 pages

Publication Date: 2010 ISBN: 13:9781554890569

Reviewer: **Regina Israelian, PMP**

Review Date: June 2024

Introduction

Alfonso Bucero's "Today is a Good Day" is a refreshing journey into the domain of personal empowerment and positive thinking. Through a collection of reflections and practical advice, Bucero encourages readers to embrace each day with optimism and purpose.

Overview of Book's Structure

The book is structured around a series of short, impactful chapters, each focusing on a different aspect of living a fulfilling life. Bucero draws upon his own experiences and wisdom gained from years of project management and leadership roles to deliver valuable lessons on resilience, gratitude, and the power of mindset.

Highlights

One of the book's strengths lies in its ability to blend personal anecdotes with universal truths. Bucero effortlessly weaves together stories from his professional and personal life, illustrating how simple shifts in perspective can lead to profound changes in one's outlook and overall happiness. Whether discussing the importance of setting goals or navigating through setbacks, his advice is practical and applicable to readers from all walks of life.

Central to Cicero's philosophy is the idea that every day presents an opportunity for growth and self-improvement. He emphasizes the significance of embracing challenges as learning experiences and encourages readers to cultivate a mindset of

¹ How to cite this review: Israelian, R. (2020). Today is a good Day: Attitudes for Achieving Project Success, book review, *PM World Journal*, Vol. XIII, Issue VIII, August.

gratitude and positivity. Through his engaging narrative style and genuine enthusiasm, Bucero shows readers how to take proactive steps towards creating a more fulfilling and meaningful life by owning their own thoughts.

However, the book is not without its flaws. Some readers may find it concerning that references are made to an appendix that is not included in the book. This inconsistency could lead to confusion or disappointment for those expecting supplementary material. Additionally, there are occasional misspelled words and instances of incorrect grammar throughout the text, which detract from an otherwise polished presentation.

Despite these minor drawbacks, "Today is a Good Day" remains a motivational guidebook, offering practical advice and actionable insights that readers can implement immediately. Whether you are seeking personal development or professional growth, Bucero's words resonate with authenticity and clarity, making this book a valuable addition to anyone's library.

Highlights: What I liked!

The highlight of "Today is a Good Day" is how it stands out as a motivational gem, offering profound insights and practical wisdom for anyone looking to cultivate a more positive and fulfilling life, despite its minor editorial shortcomings

Who might benefit from the Book?

Although the book is geared towards Project Professionals, it can be beneficial for a wide range of readers, particularly those who are seeking motivation, personal development, and a more positive outlook on life.

Conclusion

In conclusion, "Today is a Good Day" by Alfonso Bucero is not just a book; it is a reminder to approach each day with optimism, purpose, and a readiness to embrace life's challenges and joys. Through his heartfelt reflections and timeless wisdom, Bucero empowers readers to transform their mindset and live each day to the fullest.

For more about this book, go to: <https://abucero.com/en/publications/today-is-a-good-day/>

About the Reviewer



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Regina Israelian, MBA, PMP is an experienced project manager having worked for over 10 years managing projects in the areas of operations, go to market, product management and employee engagement. Regina has always been a natural planner and enjoys organizing and coordinating events in her volunteer work for her church and other community organizations. She earned her PMP certification in 2019, demonstrating her commitment to the profession and is a proud member of the Dallas chapter of PMI. She can be contacted at risraelianpmp@gmail.com.

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